

**HDI Consumer Advisory Council Minutes
Coldstream Training Room
Monday March 2, 2015: 9 AM – 12 PM**

In attendance today...CAC members

*Lee Gordon
Harold Kleinert
Shannon Caldwell
Paula Caldwell
Morry LaTour
Jonathan Compton
Claudia Johnson
Hazel Forsythe
Allie Rhodes
Walt Bower
Cathy Jo Edwards
Elaine Brown
Jessica Wolfe
Jennifer Mynear
Camille Collins
Jason Jones
Megan Baker
Prema Rapuri
MaryLee Underwood*

Guest: *Nellie Jones*

Presenter: *Lindsey Mullis*

Technical and other assistance *provided by Dave Flechler and Judy Johns*

- 1) Welcome & Introductions (9:00) Jessica Wolfe
All members introduced themselves.

- 2) Review and Approval of September Minutes (9:05) Jessica Wolfe
The minutes were reviewed. Motion to approve by Hazel and seconded by Morry.

- 3) AUCD Update – Council on Community Advocacy Shannon Caldwell
(9:10)

Shannon reported the Legislative Committee has transitioned into the Disability Policy Group as it has been becoming more actively involved in disability policy. He shared we were not successful in getting an International Treaty on the Rights of People with Disabilities passed in the United States Senate. Shannon also announced that Senator Harkin retired and we are looking to see who is going to replace Senator Harkin in Congress as a champion in disability issues. Shannon reported looking forward to the annual Association of University Centers on Disabilities (AUCD) meeting this year.

- 4) Role of our CAC During HDI Leadership Transition All
(9:15)

Harold announced he is retiring on June 30. He also announced Kathy Sheppard-Jones will provide leadership to the CAC as the interim Director, Walt Bower will continue to provide continuity, and Allie Rhodes will continue to provide student representation.

- 5) KY Peer Support Network Project Update (9:30) Harold Kleinert

Harold reported the KY Peer Support Network is funded by the DD Council and is developing some wonderful stories. A middle school in Fleming County has community members facilitating peer networks and the students are developing friendships in and outside of school. Other schools are developing novel approaches to both peer supports and peer networks.

- 6) Status of HDI Website Redesign Jonathan Compton and Shannon
And Review of HDI Website (9:35) Caldwell

Jonathan reported a Website Redesign committee, comprised of 16 members, was established in September. Five subgroups were formed out of the larger group and they have been meeting monthly between the larger meetings. The subgroups will continue to meet throughout April. The goal for the website roll out is May 1. Jonathan reported the goals of the committee, described the workgroup activities for the five subgroups, and the next steps to complete the project.

An informative, creative, and collaborative discussion from CAC members followed the report! A member asked, "Is there going to be an interactive area for self-advocates on the redesigned website?" Another member asked, "Should we use self-advocates or individuals on the Individuals and Family Members tab on the website? A member added, "Self-advocates is limiting and exclusive. It makes you think you don't have a right to speak up." Another member suggested that some individuals may not understand what self-advocate means. A member commented, "The University of Kentucky is celebrating its 150th anniversary so it might be interesting to see how long HDI has been involved at the University of Kentucky." A member asked if the redesigned website would contain information on how to deal with persons who may put people with disabilities down.

- 7) Evaluating the Impact of our Work – Allie Rhodes and Harold Kleinert
Seeking CAC Input (9:50)

The members were updated on the progress made by HDI on each of the five major goals for July 1, 2014 to June 30, 2015.

1) Pre-service training – Based on a total of 8 objectives, HDI has exceeded the target in 5 objectives, is on track on 1 objective, and in progress on 2 objectives.

2) Community Services Training – Based on a total of 8 objectives, HDI has exceeded the target in 5 objectives, is on track on 2 objectives, and 1 objective is to be completed after June 30, 2015.

3) Community Services Technical Assistance – Based on a total of 6 objectives, HDI has exceeded the target in 1 objective, met the target in 2 objectives, and is on track in 3 objectives.

4) Interdisciplinary Research – Based on a total of 6 objectives, HDI has exceeded the target on 1 objective, met the target on 1 objective, and is on track on 4 objectives.

5) Information Dissemination – Based on a total of 6 objectives, HDI has exceeded the target on 5 objectives and is on track on 1 objective.

The activity of information dissemination transitioned into a collective activity by asking the members if their organization would be interested in hosting some of the HDI products. In reply to this question, one member commented, “Send us a link to the download of HDI products and we can link it to our website.” Another member asked, “Is there a professional development session for middle and high school teachers to start learning about HDI?” The member also commented, “I like the idea of giving us a listing of the possibilities for HDI products.”

Break (10:25)

- 8) Project Spotlight – Health Matters and Our HDI Health and Wealth Initiative (10:35) Lindsey Mullis

Lindsey Mullis provided highlights of the Health and Wellness Initiative. After documenting the health disparities individuals with disabilities experience, Lindsey presented an overview of Health Matters – an evidenced based curriculum for adults with IDD. Lindsey discussed examples of lesson material covered and some favorite moments in the Health Matters pilot class that she taught at UK. The final part of Lindsey’s presentation listed “stress symptoms” and a de-stressing group activity for our CAC (the group activity involved the members taking slow and deep breaths while breathing in through the nose and out through the mouth!). A member announced that Lindsey’s presentation has been accepted at the American Association of Intellectual and Developmental Disabilities (AAIDD) annual conference in Louisville in June.

- 9) Review of Membership Status and And Current Terms (11:20) All

There will be significant changes this year as 5 self-advocates and 1 family member rotate off the CAC. Please contact Harold or Shannon if you have individuals (especially self-advocates) to nominate. It would be extraordinary helpful to ask them if they are interested before you forward their names.

- 10) Agency Updates (P & A, DD Council, DDID, DVR, CCSHN) (11:35) Each Agency

Commission for Children with Special Health Care Needs – Lee Gordon announced the Commission reapplied for the Family-to-Family grant to help support Kentucky children

with special needs and their families get the medical care and support they require. The Commission continues to collaborate with HDI on the Peer to Peer Mentoring Project.

Division of Developmental and Intellectual Disabilities – Department staff continue to work with Medicaid and DAIL on the HCBS final rules and are rescheduling the consumer forums to be held around the state in March. Two provider webinars are scheduled for March 10 and 12. We are very pleased with the work Lindsey Mullis is doing with wellness and excited to see the positive results. Results and feedback from the Endeavor for Excellence training has also been very positive

Protection and Advocacy – Camille Collins reported an overview of activities from the last quarter: 404 people were provided with informational and referral activities, including questions about providers' rights for this past quarter. A total of 389 individuals received training with a staff of only 23 members. She announced the Undressing Normal: An (Un)Conference on Sexuality for Those of Us Who are Disabled on April 30 at the Clarion Hotel in Lexington (co-sponsored with HDI). Camille also requested volunteers to participate in a cleanup of the old Frankfort State Hospital cemetery on May 21.

Office of Vocational Rehabilitation – Jason Jones announced Buddy Hoskinson has been named the new Executive Director of the Kentucky Office of Vocational Rehabilitation. David Beach, the previous Executive Director, has taken the position as the Director of the Disability Resource Center at the University of Kentucky. The hearing aid refurbishing program provided its first hearing aid to an individual.

At 12:00 Harold suggested we conduct the remainder of our agenda items during a working lunch.

Commonwealth Council on Developmental Disabilities – MaryLee Underwood reported the 874K Gubernatorial Forum was held on February 5 and at least 754 individuals attended of their public policy work. MaryLee also announced there is a Lunch and Learn webinar (through Adobe Connect) every third Thursday about legislation updates. The next Lunch and Learn on March 5 provides an update regarding the Achieving a Better Life Experience (ABLE) Act. MaryLee also noted that March is Developmental Disabilities Awareness Month.

11) New Business and Announcements (11:50) Cathy Jo Edwards
There was no new business to report.

NEXT CAC MEETING: Monday, June 1, Coldstream 9:00 AM – 12:00 PM, followed by a working lunch.

Cathy Jo made a motion to adjourn the meeting and Allie seconded the motion.